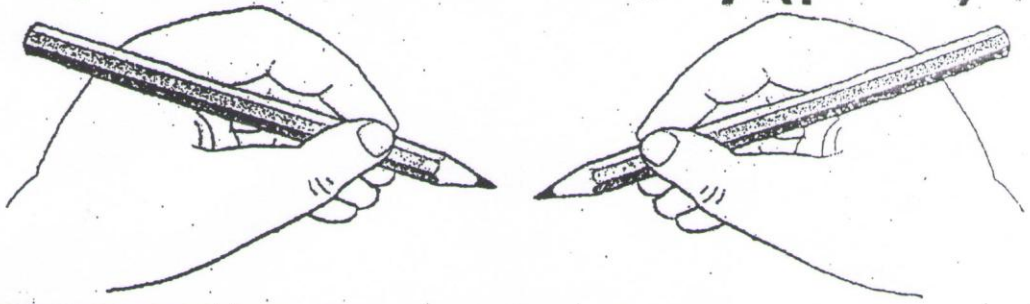


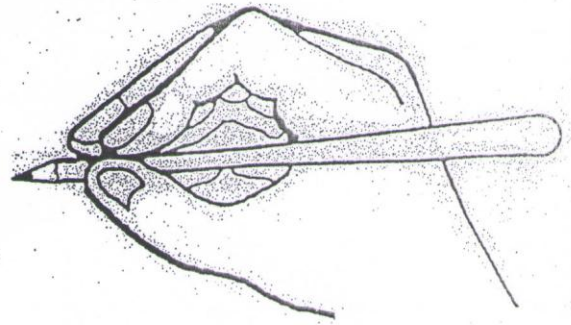
▼ Správné držení tužky (pera) ▼



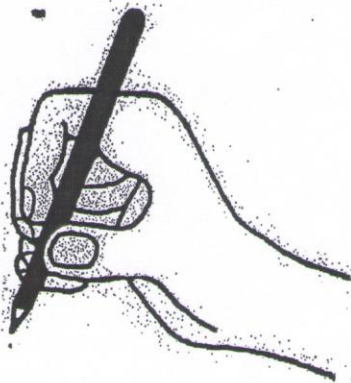
Typy vadného držení:



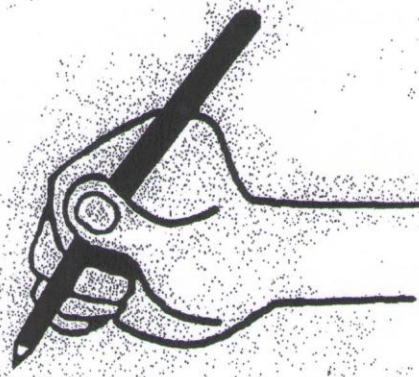
Křečovitě držení



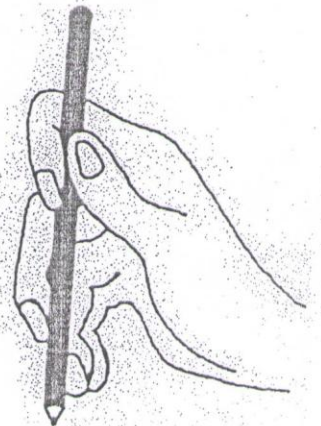
Protažená hrstička



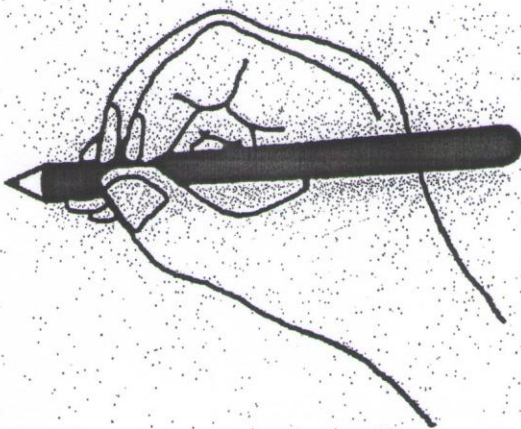
Smyčcový úchop



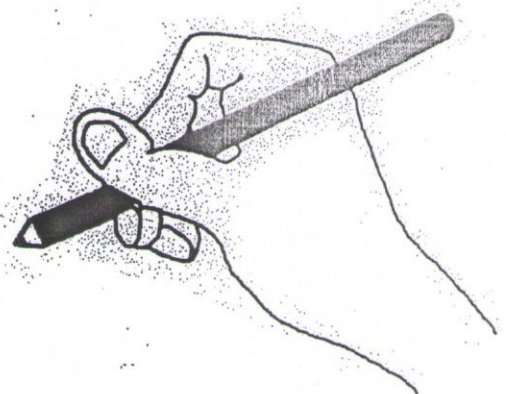
Pěstičkový úchop



Vařečkový úchop



Hrstičkový úchop



Špetkový úchop s palcem